

# Dual Sport Stars

*Field Trip/Virtual Field Trips Program*



## **Field Trip/Virtual Field Trips Experience Outline:**

10 minutes – Welcome/Mission/Values

30 minutes – Discussion/Videos on Dual Sport Stars

10 minutes – Question and Answer

## **Instructions:**

Please use the following lesson to help prepare your students for a more meaningful and interactive educational experience.



# **Subject:** English/Language Arts

## **Lesson Title:** Dual Sport Stars

### **Goals/Objectives:**

- Students will
  - Watch and participate in the presentation, "Dual Sports Stars."
  - Take notes on the presentation collecting facts about the athletes and their accomplishments in more than one sport.
  - Conduct research about one of the highlighted athletes of their choice.

### **Common Core Standards:**

- **Language Arts**
  - Reading: Informational Text
  - Reading: Foundational Skills
  - Writing
  - Speaking and Listening
  - Language

### **Methods/Procedures:**

#### **Prior to Program**

- Students will answer the question of whether they believe a sports star can achieve excellence in more than one sport.

#### **During the Program**

- Students will watch and participate in the presentation, "Dual Sports Stars" and take notes on the main ideas as they watch.

#### **After the Program**

- Students will write a summary of the presentation stating athletes' achievements in several sports in chronological order.
- Students will determine the purpose of this topic.
- Students will select one of the sports figures featured and research more about him to ascertain information about his background such as childhood experiences, influences in his life, teams he has or is playing for, and career highlights.
- Students will determine what skills are needed to excel in the aforementioned sports and how the athlete gained those skills.
- Students will write an informational essay on the chosen athlete describing how that athlete accomplished becoming a dual sport athlete.



- *An alternative to the above procedure would be for the student to create questions as if he/she were interviewing the athlete to gain full understanding of how the athlete accomplished his goals and gained the skills for both sports.*

## **Materials:**

- Video of Dual Sports Stars
- Access to the Internet
- Notebooks, notepads, tablets or laptops
- SmartBoard or projector if producing a visual presentation

## **Assessment:**

### **Different Options**

- Students will submit a summary of the presentation in chronological order.
- Students will create an essay on the chosen athlete with information about how the athlete acquired the building blocks for his excellent performance in more than one sport. A teacher created rubric can be used to assess this activity.
- Students will submit an essay comparing and contrasting two dual star athletes along with a compare/contrast chart showing the information in some type of graphic organizer. The essay will be assessed based on a teacher-created rubric.
- Students will submit questions for the athlete's interview and then students will create an interview of the athlete in an oral, written, or visual format conveying answers to all questions asked. This presentation needs to provide insight into how the athlete accomplished the high level of success in the specific sports.



**Student's Name:** \_\_\_\_\_

### **Dual Sport Stars Summary Sheet**

**Give five facts reported in the presentation.**

1. \_\_\_\_\_  
\_\_\_\_\_
2. \_\_\_\_\_  
\_\_\_\_\_
3. \_\_\_\_\_  
\_\_\_\_\_
4. \_\_\_\_\_  
\_\_\_\_\_
5. \_\_\_\_\_  
\_\_\_\_\_

**What did you learn from the presentation?**

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