

**PRO FOOTBALL HALL OF FAME**

# TEACHER ACTIVITY GUIDE

**2020-2021 EDITION**



LINEBACKER RAY LEWIS - HALL OF FAME CLASS OF 2018

# BALTIMORE RAVENS Team History



After a 12-season absence, pro football returned to Baltimore, Maryland in 1996 in the form of the new Baltimore Ravens. "This is a new beginning and a new era for us," Ravens owner Art Modell told fans at the team naming ceremony.

With fans playing an integral role, the selection of the nickname "Ravens" was inspired by the poetry of former Baltimore resident, Edgar Allan Poe. From a list of more than 100 possible nicknames presented by NFL Properties, club executives narrowed the list to 17. Focus groups of 200 people from the Baltimore area trimmed the list to six. A telephone survey of 1,000 fans shortened the list to Ravens, Marauders and Americans. Fans were then invited to participate in a phone-in poll conducted by the Baltimore Sun. Of 33,288 voters, nearly two-thirds (21,108) picked Ravens.

"Ravens gives us a strong nickname that is not common to teams at any level, and it gives one that means something historically to this community," Modell stressed.

Although the team does indeed bring "a new era" of pro football to Baltimore, many of the on-the-field "growing pains" a new team typically endures may be escaped by the Ravens. A veteran team that had already played as a unit, the Ravens hired head coach Ted Marchibroda. The popular veteran coach was head coach of the Baltimore Colts from 1975 to 1979. In his first year at the Colts' helm, Marchibroda took a club that had posted a 2-12 mark in 1974 and engineered the then greatest seasonal turnaround in NFL history by producing a 10-4 record in 1975. The turnaround was the first time in league annals that a team moved from last to first in one season.

The Ravens wasted no time earning their first victory in franchise history. In their inaugural regular season game, the Ravens defeated the Oakland Raiders, 19-14, on September 1, 1996. A Memorial Stadium record crowd of 64,124 witnessed the historic moment.

Under the direction of Ozzie Newsome, the teams' General Manager from 2002-2018, the Ravens have become one of the elite franchises in the NFL.

The team hired long-time NFL assistant coach Brian Billick in 1999 to handle the coaching reins. In just his second season, Billick, helped by a defense that allowed the fewest amount of points during a 16-game regular season in NFL history, guided the Ravens to a thrilling 34-7 victory in Super Bowl XXXV.

Today the franchise is under the coaching leadership of John Harbaugh who was hired before the 2008 season. In 2012 Harbaugh, along with quarterback Joe Flacco, notched an impressive first when they became the first coach and quarterback in NFL history to win a playoff game in each of their first five seasons. The duo helped lead the team to a victory in Super Bowl XLVII.

In 2019, the Ravens became one of the hottest teams in the NFL behind the play of QB Lamar Jackson - who won the 2019 AP NFL MVP award after a record breaking season.



# Canton, Ohio and the National Football League

Each year, approximately 250,000 fans from all over the world visit the Pro Football Hall of Fame in Canton, Ohio. The museum's guest register reveals that in a year's time, visitors come from all fifty states and from sixty to seventy foreign countries.

Many wonder why the Hall of Fame is located in this small northeast Ohio city. Often, museums are built in locations that have historical significance to their subject matter. The Pro Football Hall of Fame is no exception. Canton's ties to pro football began long before the Hall of Fame was built in 1963. On September 17, 1920, a meeting was held in an automobile showroom in downtown Canton. It was at this time that the American Professional Football Association was formed. Two years later, the league changed its name to the National Football League.

Today, fans follow teams like the Dallas Cowboys, San Francisco 49ers, and the Miami Dolphins. But, in 1920, none of those teams existed. Rather, the NFL had teams like the Columbus Panhandles, Dayton Triangles, Rochester Jeffersons, and the Canton Bulldogs.

The Canton Bulldogs were the first real pro football powerhouse. They won the NFL title in 1922 and 1923 making them the league's first two-time champion.

They were a strong team even before the NFL began because of their star player Jim Thorpe. Thorpe, a Native American Indian, was a tremendous athlete. Not only did he play pro football but he played pro baseball and won two gold medals in the 1912 Olympic Games. Even today, he is considered to be one of the world's greatest athletes of all time.

While the Bulldogs are no longer around, pro football remembers its early days in Canton, Ohio. Visitors, young and old, enjoy the story of pro football's history in the city where the NFL began!



The Legendary Jim Thorpe

# Who Was Jim Thorpe?



It seems that whenever stories are written about an all-time pro football great, Jim Thorpe's name comes up. Jim Thorpe was born in a one-room cabin in Prague, Oklahoma, on May 28, 1888. Though he had some Irish and French blood, he was mostly of Sac and Fox Indian heritage. In fact, his Indian name was Wa-Tho-Huk, which means Bright Path.

Though football was his first love, he gained his greatest fame as a track star, winning the decathlon and pentathlon events in the 1912 Olympics, held in Stockholm, Sweden. King Gustav V of Sweden told Thorpe as he presented him with his medals, "Sir, you are the greatest athlete in the world." But soon afterward, Thorpe was stripped of his records and medals when it was learned that he had played minor league baseball for money in 1911. In 1984 the Olympic Committee decided that this was an unfair interpretation of the then Olympic rules and restored his records and returned his medals to his family.

In 1915, Thorpe's great abilities and fame led Jack Cusack to offer him \$250 a game to play football for the Canton Bulldogs. While that may not sound like much, it was twice as much as most players were making back then. Even Cusack's friends warned him that he was paying Thorpe too much. Just the same, Thorpe was everything Cusack had hoped he would be -- a great player and a gate attraction. After missing the first two games of the 1916 season because he was playing pro baseball for the New York Giants, Thorpe joined the Canton squad. With Jim playing halfback, the Bulldogs were unofficial World Champions in 1916, 1917 and 1919. (The Bulldogs' championships are said to be unofficial since no organized pro league existed at the time.)

Many old-timers who actually played against Thorpe claimed he was the toughest man ever to play the game. Legend says that Jim would drop-kick a field goal from the 50-yard line, then turn and kick another 50-yarder in the opposite direction with perfect results--just to show off. Others say he could punt a ball the length of the field. Both are probably exaggerations. In any case, there is no doubt that Thorpe was a superb athlete. All accounts suggest he could run with speed and bruising power. He could pass and catch passes with the best. He could kick with accuracy and strength. And, of course, as players did back then, he played defense too.

By the time the NFL was organized in 1920, the thirty-two-year-old Thorpe, who was already past his athletic prime, was unanimously voted the league's charter president. However, he managed to play eight NFL seasons with six different teams and his gate appeal continued. Though at times he sparkled like the Thorpe of old, he never really excelled as much in the NFL as he had in his earlier career. In 1928, at the age of forty he finally called it quits. In 1950, the nation's press honored Thorpe by naming him the most outstanding athlete of the first fifty years of the twentieth century. In 1963, he was elected a charter member of the Pro Football Hall of Fame.

Source: Excerpt from The Official Pro Football Hall of Fame Answer Book by Joe Horrigan, Simon & Shuster Inc., 1990.

If you would like to know more about Jim Thorpe, a good book to read is Jim Thorpe by Bob Wheeler (University of Oklahoma Press, 1979).



## Goals/Objectives:

Students will:

- Conduct research on issues and interests by generating ideas and questions and by posing problems. They gather, evaluate and synthesize data from a variety of sources (e.g., print and nonprint displays and artifacts) to communicate their discoveries.
- Use a variety of technological and informational resources (e.g., video, displays, databases) to gather and synthesize information and to create and communicate knowledge.
- Develop an understanding of and respect for diversity in language use, patterns and dialects across cultures, ethnic groups, geographic regions and social roles.
- Use spoken, written and visual language to accomplish their own purposes (e.g., for learning, enjoyment, persuasion and exchange of information).

**Common Core Standards:** RI- Key Ideas and Details, Integration of Knowledge and Ideas; W- Text Types and Purposes, Research to Build and Present Knowledge; SL- Presentation of Knowledge and Ideas

## Methods/Procedures:

- Students will read the biographical sketch on Ray Lewis (next page) as a class and discuss his role in history and the history of pro football.
- Students will compile a list of ten facts about Ray Lewis from his bio.
- Students would then be given an assignment to research any Ravens' player and gather ten facts or bits of information on them to share with the class. Students would be encouraged to access the Ravens' official website: [BaltimoreRavens.com](http://BaltimoreRavens.com).
- Students will write up their information in paragraph form (like the Ray Lewis bio) and present the new facts and bits of information that they discovered about their chosen player.

## Materials:

- Ray Lewis biography
- [BaltimoreRavens.com](http://BaltimoreRavens.com)

## Assessment:

- Students will submit the informational essay/report on their chosen Ravens player.
- Students will deliver a formal presentation on their chosen player that will demonstrate a clear and distinctive perspective on the subject chosen and conveys relevant information and descriptive details.

# BALTIMORE RAVENS

## Ray Lewis



University of Miami (FL) linebacker Ray Lewis entered the NFL as the Baltimore Ravens first round pick, 26th overall, in the 1996 NFL Draft. Lewis, the franchise's second-ever draft choice (Hall of Fame tackle Jonathan Ogden was the first), played his entire 17-year career with the team (1996-2012).



Lewis immediately became a leader on defense and led the team in tackles as a rookie. That marked the first of 14 times in his 17 seasons that he led the team in that category. At the time of his retirement in 2012, Lewis held three records with the Ravens – most seasons played (17), most career games (228) and most career opponent fumbles recovered (20). He posted a franchise record 2,643 career tackles, including a single season team-best 225 stops in 2003.

In 2000, Lewis led a staunch Ravens defense which established a 16-game single-season record for the fewest points allowed (165), the fewest rushing yards allowed (970) and recorded four shutouts. The season was capped with a 34-7 victory over the New York Giants in Super Bowl XXXV where Lewis' three tackles, two assists and four passes defended earned him Most Valuable Player honors.

Lewis's career ended in storybook fashion after the 2012 season when he recovered from a torn triceps muscle in midseason to participate in the team's postseason run. In his final game, he had three tackles, two assists and four passes defended to help Baltimore defeat the San Francisco 49ers 34-31 in Super Bowl XLVII.

A 12-time Pro Bowl selection, Lewis received first-team All-Pro honors eight times during his career. He was recognized as the AP Defensive Player of the Year in 2000 and 2003, and was named to the NFL's All-Decade Team of the 2000s.

Lewis is the only player in the NFL history with at least 40 career sacks and 30 career interceptions (41.5 sacks and 31 interceptions). He is second only to Hall of Famer Jack Ham (53) in take-aways by a linebacker since the 1970 merger with 50 – 31 interceptions and 19 opponents' fumble recoveries.



# Tackling Football Math

## Goals/Objectives:

Students will:

- Improve math skills by applying basic functions to the game of football.
- Learn basic football facts and game terms.
- Utilize statistics of NFL football players and teams for computing math problems.
- Research statistics of selected NFL football players and teams for use as alternative information in certain math problems.

**Common Core Standards:** Operations and Algebraic Thinking; Number Operations in Base Ten; Measurement and Data

## Methods/Procedures:

- Students will complete the math worksheets provided on the following pages related to the game of football. They may work independently or with others. Feel free to make adaptations in players and teams to suit your students. Answers to the following worksheets are found in the back of this publication.
  - \* Conversions in Football (CCS: Measurement and Data)
  - \* Super Bowl Thunder (CCS: Number Operations in Base Ten; Measurement and Data)

## Materials:

- Pencil
- Scrap paper for working problems
- Calculators if permitted
- Worksheets

## Assessment:

- Students will be assessed on accuracy of responses.

# Conversions in Football



Directions: Complete the following problems, be sure to show all of your work on a separate sheet of paper.

1. In a 2003 game against the Cleveland Browns, Jamal Lewis rushed for 295 yards. How many feet is that? \_\_\_\_\_
2. In 2019 Mark Andrews led the Ravens in receiving with 852 yards. How many inches is that? \_\_\_\_\_
3. Lamar Jackson passed for 3,127 yards in 2019. How many miles is that? \_\_\_\_\_ Round to the nearest tenth. \*(Hint: 1 mile = 1,760 yards)
4. In 2019 Mark Ingram and Lamar Jackson combined to lead the Ravens to 2,224 rushing yards. How many feet is that? \_\_\_\_\_
5. The Ravens have the ball on their own 25-yard line and they complete a 45-yard pass. They then lose 4 yards on the next play. What yard line are they now on? \_\_\_\_\_
6. Lamar Jackson threw a 54-yard pass. How many inches did he throw? \_\_\_\_\_ How many centimeters? \_\_\_\_\_ Hint: 1 inch = 2.54 centimeters
7. A football field measures 100 yards from goal line to goal line. A field is  $53 \frac{1}{3}$  yards wide. Convert these measurements to feet. \_\_\_\_\_
8. If an NFL player weighs 303 pounds. How much does he weigh in ounces? \_\_\_\_\_
9. A game normally lasts 60 minutes. During a 17-game season, how many total minutes does one team play? \_\_\_\_\_
10. There are seven officials on the field for every NFL game. If 16 games are played each week, what is the total number of officials officiating throughout the NFL each week? \_\_\_\_\_



# Super Bowl Thunder

**Directions:** Answer the following questions using the Baltimore Ravens' roster on the following page.

1. Who was the oldest player on the team?
2. What number was Torrey Smith?
3. How many wide receivers (WR) were there?
4. How many players had 10 or more years of NFL experience?
5. How many quarterbacks (QB) were listed?
6. Who was the only player to attend Lane College?
7. Who was the heaviest player on the team?
8. Who was the lightest player on the team?
9. What position did number 90 play?
10. Add up the total weight of all the running backs (RB/FB).

# BALTIMORE RAVENS Super Bowl Thunder



## Baltimore Ravens 2012 Roster Super Bowl XLVII Champions

### Ravens Alphabetical Roster

No	Player	Pos	Ht	Wt	Birth Date	NFL Exp	College
35	Allen, Anthony	RB	6-1	223	8/6/88	2	Georgia Tech
51	Ayanbadejo, Brendon	LB	6-1	225	9/7/76	10	UCLA
86	Bajema, Billy	TE	6-4	259	10/31/82	8	Oklahoma State
77	Birk, Matt	C	6-4	310	7/23/76	15	Harvard
81	Boldin, Anquan	WR	6-1	220	10/3/80	10	Florida State
23	Brown, Chykie	CB	5-11	190	12/26/86	2	Texas
38	Brown, Omar	S	5-11	195	6/6/88	R	Marshall
56	Bynes, Josh	LB	6-1	240	8/24/89	1	Auburn
62	Cody, Terrence	NT	6-4	341	6/28/88	3	Alabama
37	Considine, Sean	S	6-0	212	12/17/82	8	Iowa
46	Cox, Morgan	LS	6-4	241	4/26/86	3	Tennessee
84	Dickson, Ed	TE	6-4	255	7/25/87	3	Oregon
17	Doss, Tandon	WR	6-2	207	9/22/89	2	Indiana
59	Ellerbe, Dannell	ILB	6-1	240	11/29/85	4	Georgia
5	Flacco, Joe	QB	6-6	245	1/16/85	5	Delaware
66	Gradkowski, Gino	G/C	6-3	300	11/5/88	R	Delaware
24	Graham, Corey	CB	6-0	196	7/25/85	6	New Hampshire
95	Hall, Bryan	DT	6-0	291	9/12/88	1	Arkansas State
54	Hamilton, Adrian	LB	6-3	251	11/29/87	R	Prairie View A&M
70	Harewood, Ramon	G/T	6-6	334	2/3/87	3	Morehouse
32	Ihedigbo, James	S	6-1	214	12/3/83	6	Massachusetts
25	Jackson, Asa	CB/RS	5-10	190	12/2/89	R	Cal-Poly
39	Johnson, Chris	CB	6-1	200	9/25/79	9	Louisville
97	Jones, Arthur	DE	6-3	315	6/3/86	3	Syracuse
12	Jones, Jacoby	WR/RS	6-2	220	7/11/84	6	Lane
96	Kemoeatu, Ma'ake	NT	6-5	345	1/10/79	10	Utah
4	Koch, Sam	P	6-1	218	8/13/82	7	Nebraska
99	Kruger, Paul	OLB	6-4	270	2/15/86	4	Utah
44	Leach, Vonta	FB	6-0	260	11/6/81	9	East Carolina
52	Lewis, Ray	ILB	6-1	240	5/15/75	17	Miami (Fla.)
50	McClellan, Albert	LB	6-2	245	6/4/86	2	Marshall
78	McKinnie, Bryant	T	6-8	354	9/23/79	11	Miami (Fla.)
90	McPhee, Pernel	DE	6-3	280	12/17/88	2	Mississippi State
92	Ngata, Haloti	DT	6-4	340	1/21/84	7	Oregon
74	Oher, Michael	T	6-4	315	5/28/86	4	Mississippi
72	Osemele, Kelechi	G/T	6-5	335	6/24/89	R	Iowa State
30	Pierce, Bernard	RB	6-0	218	5/10/90	R	Temple
88	Pitta, Dennis	TE	6-4	245	6/29/85	3	BYU
31	Pollard, Bernard	S	6-1	225	12/23/84	7	Purdue
16	Reed, David	WR/RS	6-0	190	3/22/87	3	Utah
20	Reed, Ed	S	5-11	205	9/11/78	11	Miami (Fla.)
27	Rice, Ray	RB	5-8	212	1/22/87	5	Rutgers
22	Smith, Jimmy	CB	6-2	205	7/26/88	2	Colorado
82	Smith, Torrey	WR	6-0	205	1/26/89	2	Maryland
55	Suggs, Terrell	OLB	6-3	260	10/11/82	10	Arizona State
2	Taylor, Tyrod	QB	6-1	215	8/3/89	2	Virginia Tech
83	Thompson, Deonte	WR/RS	6-0	203	2/14/89	R	Florida
9	Tucker, Justin	K	6-0	180	11/21/89	R	Texas
93	Tyson, DeAngelo	DE	6-2	310	4/12/89	R	Georgia
91	Upshaw, Courtney	OLB	6-2	272	12/13/89	R	Alabama
63	Williams, Bobbie	G	6-4	345	9/25/76	13	Arkansas
29	Williams, Cary	CB	6-1	190	12/23/84	5	Washburn
73	Yanda, Marshal	G/T	6-3	315	9/15/84	6	Iowa

SUPER BOWL XLVII 79

Source: Super Bowl  
XLVII Game Program



# How Much Can Be Recycled?

## Goals/Objectives:

Students will:

- Explain how technology influences the quality of life.
- Discuss how decisions about the use of products can result in desirable or undesirable consequences.
- Use examples to predict and analyze.
- Recognize that science can only answer some questions and technology can only solve some human problems.
- Describe examples of scientific advances and emerging technologies and how they impact society.

**National Standards:** Science: 5-Science and Technology

## Methods/Procedures:

- The students and teacher will compile a list of objects that accumulate from fans, players and workers at any NFL game.
- Students gather, if possible, concrete examples of listed items.
- Students determine which listed objects can be recycled.
- Through letters, calls, emails, and possibly personally, determine which stadiums recycle and what items they recycle.
- After compiling all three lists, using a mathematical formula, including amount of each product sold, students determine the weight of each recyclable item/team's game and or season through extrapolation.

## Materials:

- Students and teacher created item list
- ProFootballHOF.com
- Scales for weighing objects

## Assessment:

- Student created tables of items sold, recyclable items, items recycled and total poundage.
- Students will deliver a formal presentation on their findings.
- Teacher posts results and student findings (charts).

# How Much Can Be Recycled?



## M&T Bank Stadium

Items Sold	Item A	Item B	Item C	Item D
Game 1	Total Weight:	Total Weight:	Total Weight:	Total Weight:
Game 2	Total Weight:	Total Weight:	Total Weight:	Total Weight:
Game 3	Total Weight:	Total Weight:	Total Weight:	Total Weight:

Students may add items, delete items, add games, delete games depending on time constraints.



# From Humble Beginnings: The Story of the Ravens

## Goals/Objectives:

Students will:

- Understand the beginnings of football as we know it today.

**National Standards:** U.S. History: 11 - Era 7: The Emergence of Modern America (1890-1930); 12 - Era 8: The Great Depression and World War II (1929-1945); 13 - Era 9: Postwar United States (1945 to early 1970's); 14 - Era 10: Contemporary United States (1968 to the Present)

## Methods/Procedures:

- Students will visit the Baltimore Ravens' website: BaltimoreRavens.com and the Pro Football Hall of Fame's website: ProFootballHOF.com. A tour through these websites informs students how the Ravens began, who were the early superstars, and who helped the Ravens become what they are today. Students will take notes.
- If the class can take a field trip to M&T Bank Stadium, students should take notes as they tour.
- Students will complete a one page report on the history of the Baltimore Ravens from the research gathered.
- Students will then present this information (first game, first player drafted, etc.) to the class

## Materials:

- BaltimoreRavens.com
- ProFootballHOF.com
- Ravens History on page 1.

## Assessment:

- Students will be able to verbally share with others more about the rich history of the Baltimore Ravens.

# Ravens' Team Travel

**Goals/Objectives:**

Students will:

- Improve geography skills using football team facts and locations.
- Use map skills with football facts.
- Explore data from NFL players and teams.

**National Standards:** Geography: 2-Places and Regions; 5-Environment and Society

**Methods/Procedures:**

- Have students complete the Ravens' Team Travel worksheet

**Materials:**

- Worksheet: Ravens' Team Travel
- Maps, atlas, online resources
- 2020 Baltimore Ravens' Schedule
- Writing utensils
- Paper or posterboard
- Pushpins and string

**Assessment:**

- Students will be assessed on accuracy of responses to worksheet: Ravens' Team Travel

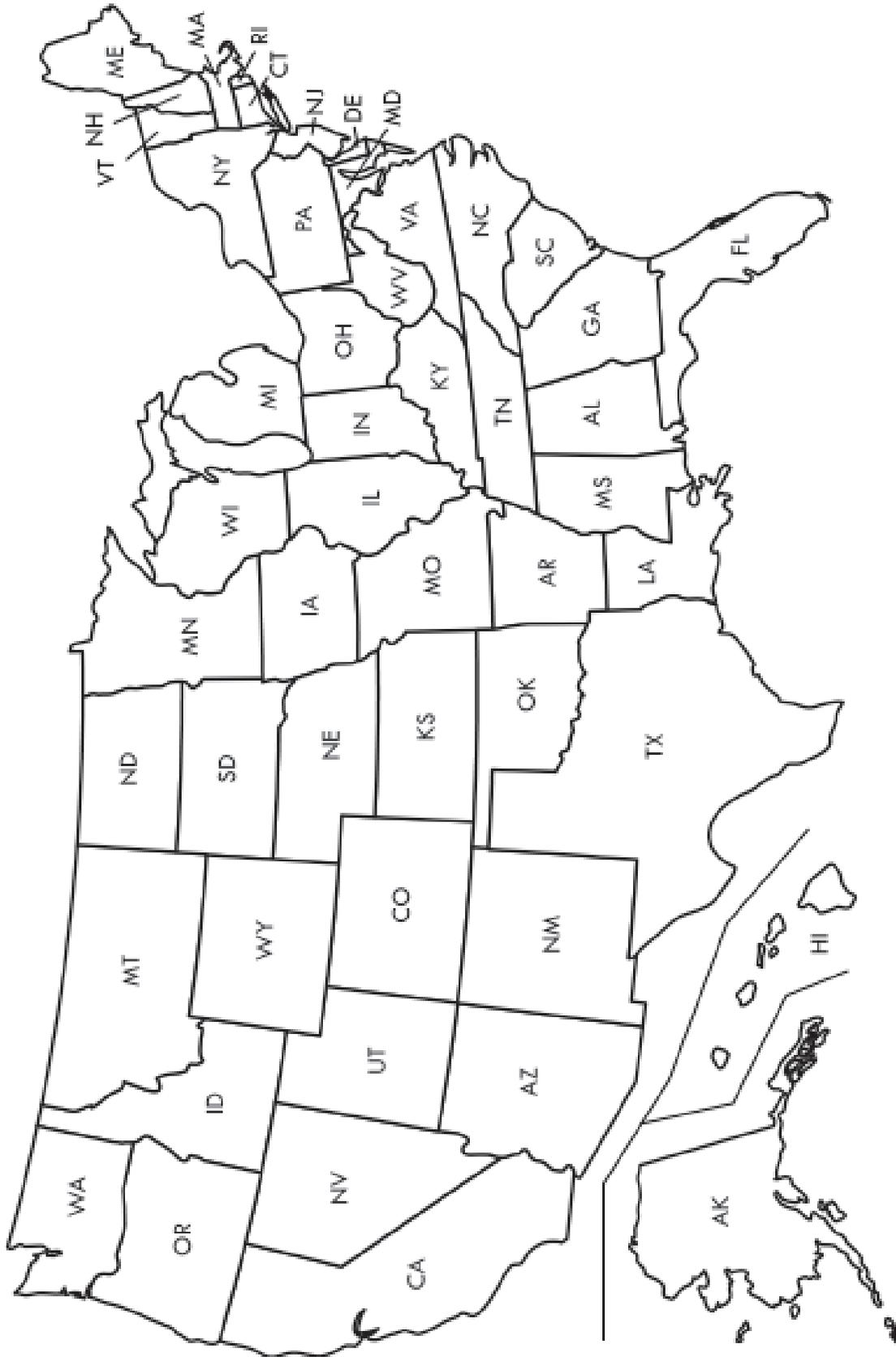


# Ravens' Team Travel

**Directions:** Using a blank United States map (next page) and a 2020 NFL schedule complete the following activities.

1. Label each individual state.
2. Label each NFL team in its correct city. On a separate piece of paper, list those states which do not have a NFL team.
3. Secure the map to a piece of cardboard to push pins through. Locate Baltimore, MD and mark it by attaching a string to a pin and placing the pin on Baltimore, MD.
4. Refer to a copy of the team's schedule for the current NFL season (BaltimoreRavens.com). Using the pins and string, locate and mark your team's away games. How many away games do they play?
5. Determine and keep track of the direction your team traveled to play their away games.
6. Using an online map, determine how many miles the team traveled to each of their away games. How many total miles did the team travel throughout the season?
7. Determine if Baltimore, MD is in a different time zone than Canton, OH. What is the time difference? If the starting time of a game is 4:00 p.m. in Canton, OH, what time is the game starting in Baltimore, MD?
8. Keep a log of your team's win-loss record for the season plus the number of points they have scored during each game.
9. Did your team win more home or away games?
10. How many miles is it from Baltimore, MD to Tampa, FL, site of Super Bowl LV?

# Ravens' Team Travel





# Career Exploration

## Goals/Objectives:

Students will:

- Identify NFL careers.
- Conduct an exploratory interview to get an insider's view of a particular career.
- Investigate career opportunities that reflect their interests, abilities, and personality.
- Utilize various sources of career information.

**National Standards:** FACS: 1 - Career, Community, and Family Connections

## Methods/Procedures:

- Have students complete the following career worksheets and activities provided on the following pages:
  - \* Careers with the Ravens
  - \* Ravens Career Matching
  - \* Ravens Career Future

## Materials:

- Career worksheets and activity descriptions
- Career reference books including:
  - \* Dictionary of Occupational Titles
  - \* Occupational Outlook Handbook (OOH)
  - \* Guide for Occupational Exploration
  - \* Occupational Outlook Quarterly
- Computer program "Ohio Career Information System (OCIS)"
- Internet access to career/job/vocation sites (i.e. <http://stats.bls.gov>)

## Assessment:

- Students will be assessed on performance and accuracy of responses.

# Careers with the Ravens



Name: \_\_\_\_\_

There are hundreds of jobs in and around the Ravens in addition to being an athlete. See if you can think of one job for each letter in the alphabet.

- A. \_\_\_\_\_
- B. \_\_\_\_\_
- C. \_\_\_\_\_
- D. \_\_\_\_\_
- E. \_\_\_\_\_
- F. \_\_\_\_\_
- G. \_\_\_\_\_
- H. \_\_\_\_\_
- I. \_\_\_\_\_
- J. \_\_\_\_\_
- K. \_\_\_\_\_
- L. \_\_\_\_\_
- M. \_\_\_\_\_
- N. \_\_\_\_\_
- O. \_\_\_\_\_
- P. \_\_\_\_\_
- Q. \_\_\_\_\_
- R. \_\_\_\_\_
- S. \_\_\_\_\_
- T. \_\_\_\_\_
- U. \_\_\_\_\_
- V. \_\_\_\_\_
- W. \_\_\_\_\_
- X. \_\_\_\_\_
- Y. \_\_\_\_\_
- Z. \_\_\_\_\_



# Ravens Career Matching

Name: \_\_\_\_\_

**Directions: Match the careers on the left with the correct definition on the right:**

- |                             |   |
|-----------------------------|---|
| _____ Players Agent         | A. Good with computers and networking. Oversee all technology applications for teams.   |
| _____ Game Official         | B. Requires a keen eye, fast reflexes, stamina, self-control, and knowledge of rules and ability to make quick and correct decisions. |
| _____ Sports Photographer   | C. Has a strong science background with an emphasis on anatomy and physical therapy for athletes.                                     |
| _____ Sports Psychologist   | D. Makes sure the stadiums and arenas are operable and safe for both players and fans.  |
| _____ Facilities Manager    | E. Participates in contract negotiations, arranges personal appearances and sets up endorsements for commercial products.             |
| _____ Director of IT        | F. Advises athletes on how to eat to perform their best.  |
| _____ Official Statistician | G. Expert in mathematics, bookkeeping, statistics and operating a computer.   |
| _____ Scout                 | H. Artist who uses a camera to capture the single action of an individual's successes as well as defeats.                             |
| _____ Athletic Trainer      | I. Evaluates potential players as well as next week's opponents.  |
| _____ Sports Nutritionist   | J. Helps athletes cope with pressure.   |

# Ravens Career Future



**Name:** \_\_\_\_\_

The NFL can offer a ticket to fame and fortune. However, only a small percentage of people actually become professional athletes. Even those who do must some day retire and begin new careers Education is the key to the future.

Think about the types of NFL career possibilities that exist for a person with your interests, abilities, and personality. Project yourself into the future and choose one occupation that interests you. Answer the following questions using any resources available (parents, relatives, career mentors, teachers, guidance counselors, Internet and printed material).

- What education and training would I need?
- What skills and aptitude should I have?
- Is there an age requirement? If so, what is it?
- What would my work environment be like?
- What hours would I spend on the job?
- What is the starting salary?
- What are the opportunities for advancement in this line of work?
- What are the benefits of the career?
- What is the dress code?
- What specific duties would I perform?
- What are the advantages and disadvantages of the job?

Now that you know more about the career, is it still something you would like to pursue? Why or why not?



# Ravens Jersey Design

## Goals/Objectives:

Students will:

- Create an original frontal design for a jersey, employing color choices, fabric/clothing details and lettering design. This lesson focuses on use of contrast, center of interest and balance.

**National Standards:** Visual Arts: 1-Understanding and applying media, techniques and processes

## Methods/Procedures:

- Fold drawing paper in half, short sides together, to create a center line. This line will be used as guide when drawing the neckline and number.
- Using pencil and ruler, divide the paper vertically into fourths, using very light guidelines. These lines represent approximate areas where sleeves are sewn onto the sides of the body.
- Decide on the thickness of sleeves, drawing them to extend to the outside edges of the paper.
- Sketch the neckline – standard jerseys usually have v-necks, but use another shape if you like.
- Add detailing – clothing that must endure the rigors of a contact sport usually has double stitching for strength. This can be shown at the sleeves, bottom and any other area you choose.
- Determine a color pattern – borrow colors from the Ravens or create your own combinations. No more than two or three colors are necessary. Highlights of black and white are often used on jerseys in conjunction with one or two other colors. Use your color pattern to create bands on the sleeves, neckline and other areas as desired. Colors should have good contrast that allows the design to be visible from a distance, especially the number(s).
- Use the fold line to help you center the number you chose. Examples of block letters are shown on the accompanying illustration, but be as creative as you'd like. Jersey numbers are often "shaded" with a second colors. Frequently, smaller numbers are sewn to the shoulders. From this viewpoint, only part of the shoulder numbers would be visible.
- Add a tag inside the neckline to show the size. Jerseys often have outside tags on the lower portion of the body that show the manufacturer's name. This would be an ideal area to sign your name or create a company with your initials. Add any other detail you would like.
- If desired, cut out your jersey and mount on a contrasting color.

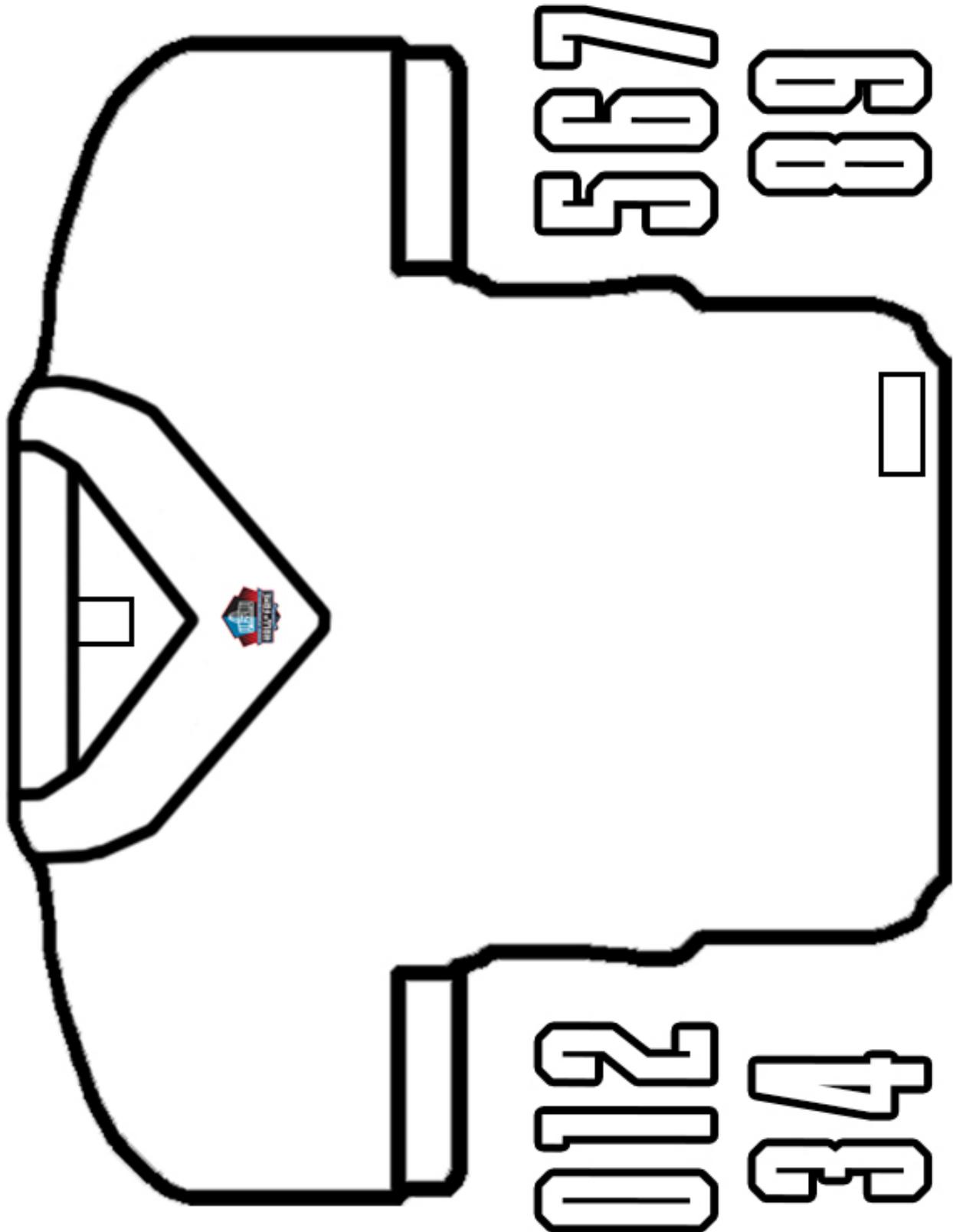
## Materials:

- White or manila drawing paper, 12" x 18" or 9" x 12"
- Drawing pencil/eraser
- Ruler or straightedge
- Colored pencils, markers, crayons or other coloring media

## Assessment:

- Ask the student to write an advertisement for his/her jersey, describing the type of fabric that would be used, why the color choices are successful, the durability of the shirt, other details that were used, and the approximate price of the shirt.

# Ravens Jersey Design





# The Internet and Football

## Goals/Objectives:

Students will:

- Identify the Internet as a viable source for information and research.
- Identify key phrases and words in searching the Internet for football related information.
- Identify various and reliable Internet sites.
- Identify main points of article.
- Effectively analyze Internet sites

**National Standards:** Technology: 2-Issues; 3-Technology Productivity Tools; 4-Technology Communication Tools; 5- Technology Research Tools, 6-Technology Problem Solving

## Methods/Procedures:

- Students complete the worksheets provided on the following pages in this section concentrating on one activity at a time.
- Teachers are encouraged to adjust, adapt, and alter activities to suit class needs.
- Answers are located in the back of this publication.
  - \* ProFootballHOF.com
  - \* BaltimoreRavens.com
  - \* Additional Internet Sites
- Students would be encouraged to access the Hall's official site: ProFootballHOF.com. On this site students can examine articles to analyze and discuss.
- Students can present the information gathered from the lessons to the class.

## Materials:

- Internet Activity Sheets
- BaltimoreRavens.com
- ProFootballHOF.com
- Access to the school and/or public library as well as a computer center

## Assessment:

- Students will be assessed based upon completed worksheets and/or presentations



Name: \_\_\_\_\_

**Directions:** After finding your way to the Pro Football Hall of Fame website, find the answers to the following questions.

1. What are the three reasons the Pro Football Hall of Fame is located in Canton, Ohio?
  - A. \_\_\_\_\_
  - B. \_\_\_\_\_
  - C. \_\_\_\_\_
2. In the "Football History" section, find one story about the 1980's. Summarize the article below.
3. Under "NFL History and Stats," list two players talked about in "African Americans in Pro Football."
  - A. \_\_\_\_\_
  - B. \_\_\_\_\_
4. Who were the Modern-Era enshrinees in the Class of 2020?
  - A. \_\_\_\_\_
  - B. \_\_\_\_\_
  - C. \_\_\_\_\_
  - D. \_\_\_\_\_
  - E. \_\_\_\_\_
5. One jersey number has been worn by more Hall of Famers (13) than any other number. Which number is it? \_\_\_\_\_



Name: \_\_\_\_\_

**Directions:** After accessing the website [BaltimoreRavens.com](http://BaltimoreRavens.com), find the answers to the following questions:

1. Who was hired as the Ravens first Head Coach?
2. Who was selected as the Ravens first ever draft choice?
3. How many rushing yards did the Ravens' defense allow per game during the 2000 season?
4. Who did the Baltimore Ravens name Head Coach in 2008?
5. In what Super Bowl did the Ravens win their first ever World Championship?
6. Find one article on the site. Summarize that article below.



**The following websites can be accessed for additional information for your students.**

[www.usatoday.com](http://www.usatoday.com)

[www.espn.com](http://www.espn.com)

[www.cbssports.com](http://www.cbssports.com)

[www.sportsillustrated.com](http://www.sportsillustrated.com)

[www.nfl.com/superbowl](http://www.nfl.com/superbowl)



# Even Lamar Jackson Had to Start Somewhere

## Goals/Objectives:

Students will:

- Correlate the fitness concepts of strength, agility, flexibility, and endurance to basic yet specific forms of exercise.

**National Standards:** Physical Education: 2-Movement Concepts, Principles, Strategies, and Tactics; 3-Physical Activity; 4-Physical Fitness; 6-Values Physical Activity

## Methods/Procedures:

- Students will be asked to discuss and list basic exercises that can be done to improve one's muscular strength, agility, flexibility, and muscular endurance.
- Basic Exercise Examples
  - \* Muscular Strength Push-ups, Sit-ups (Few Repetition), Chin-ups, Pull-ups, Squat thrust, Bench dips
  - \* Agility Line jumps (forward, backward, side to side, scissors), One Foot hop
  - \* Flexibility Standing toe touch, Standing V stretch, Butterfly, Seated toe touch, Seated V stretch, Inverted hurdles stretch
  - \* Endurance Push-ups, Sit-ups, Chin-ups, Squat thrust, Bench dips, Walking, Jogging (slow, medium or fast) Jump rope (Many Repetitions)

## Materials:

- Notepad/paper and pencil/pen
- Blackboard or Dry mark board
- Access to computer

## Assessment:

- Students will be assessed on their participation in activities.

BALTIMORE RAVENS  
**Answer Key**



**Conversions in Football**

1. 885 feet
2. 30,672 inches
3. 1.8 miles
4. 6,672 feet
5. 34 yard line of opposing team
6. 1,944 inches, 4937.76 centimeters
7. 300 feet long, 160 feet wide
8. 4,848 ounces
9. 1,020 minutes
10. 112 officials

**Super Bowl Thunder**

1. Ray Lewis
2. 82
3. 6
4. 9
5. 2
6. Jacoby Jones
7. Bryant McKinnie– 354 lbs.
8. Justin Tucker– 180 lbs.
9. DE
10. 913 lbs.

**Careers with the Ravens**

**Possible Answers**

- A = Agent
- B = Broadcaster
- C = Coach
- D = Doctor
- E = Equipment Manager
- F = Field Judge
- G = Groundskeeper
- H = Head Linesman
- I = Intern
- J = Journalist
- K = Kinesiologist
- L = Lawyer
- M = Mascot
- N = Nutritionist
- O = Owner
- P = Photographer
- Q = Quarterback Coach
- R = Referee
- S = Scout

- T = Trainer
- U = Umpire
- V = Vendor
- W = Writer
- X = X-Ray Technician
- Y = Yoga Instructor
- Z = Zeppelin Driver

**Ravens Career Matching**

- E- Players Agent
- B- Game Official
- H- Sports Photographer
- J- Sports Psychologist
- D- Facilities Manager
- A- Sports Promoter
- G- Official Statistician
- I- Scout
- C- Athletic Trainer
- F- Sports Nutritionist

**BaltimoreRavens.com**

1. Ted Marchibroda
2. Jonathan Ogden
3. 60.6
4. John Harbaugh
5. Super Bowl XXXV
6. Student's choice

**ProFootballHOF.com**

1. A. The American Professional Football Association, was founded in Canton in 1920.  
B. The Canton Bulldogs were an early day pro football power. First two-time champion of the NFL. Jim Thorpe played for Bulldogs.  
C. Canton citizens launched a determined and organized campaign in the 1960's to earn the site.
2. Answer varies
3. Answer varies
4. Steve Atwater, Isaac Bruce, Steve Hutchinson, Edgerrin James, Troy Polamalu
5. 22

BALTIMORE  
**RAVENS**

